

Book and Video List

Books

All Our Business - Depicts spousal assault and its effects on one native community. The story of one native woman and her struggle with her abusive husband. Aboriginal content. (Za-geh-do-win Clearinghouse)

Breaking free of Domestic Violence - Techniques and strategies to break the cycle of domestic violence. (Za-geh-do-win Clearinghouse)

Children from Violent Homes: Breaking the cycle - Study confirms children from violent homes are developmentally affected. (Za-geh-do-win Clearinghouse)

Criminal Harassment: Information from the Internet - Document includes information on criminal harassment, legal aspect, how to protect yourself from. (Za-geh-do-win Clearinghouse)

The Dance of Anger by Harriet Lerner (Harper and Row, 1985)

For Men to Think About - You may be becoming or are already an abusive man - This booklet looks at the indicators of abuse. (Za-geh-do-win Clearinghouse)

Fresh Start - Counselling guide that offers physically, sexually and emotionally abused women practical advice to assist them in understanding their options. (Za-geh-do-win Clearinghouse)

Helping Her Get Free: a Guide for Families and Friends of Abused Women by Susan Brewster (Publishers Group Worldwide, 2006)

Kush-kee-hoh-win Project Report - Summary describes the objectives and goals on the Nishnawbe-Aski women in dealing with family violence and to provide Aboriginal women with opportunities to explore ways of becoming more assertive. (Za-geh-do-win Clearinghouse)

Kizahaay Anishnaabe Niin-I am a Kind Man Community Action Kit - Ontario Federation of Indian Friendship Centres

Stolen Life: Journey of a Cree Woman by Lucy Thompson (Swallow Press, 2000)

A Recognition of Being: Reconstructing Native Womanhood by Kim Anderson (Sumach Press, 2001)

Conquest: Sexual Violence and American Indian Genocide by Andrew Smith (South End Press, 2005)

Indigenous American Women: Decolonization, Empowerment, Activism (Contemporary Indigenous Issues) by Devon A. Mihesuah (Bison Books, 2003)

Mothering through Domestic Violence – by Lorraine Radford & Marianne Hester

I Am Woman: A Native Perspective on Sociology and Feminism by Lee Maracle (Press Gang Publishers, 1996)

Violence in Aboriginal Communities - This handbook focuses on family violence as it affects Aboriginal women, teenagers and families. (Za-geh-do-win Clearinghouse)

Videos

Once Were Warriors - A mother of five re-evaluates her 18-year marriage to her alcoholic, hot-tempered husband when his bar room violence moves tragically into their home life. Produced and filmed in New Zealand, the film also presents a view into the ways urbanization has undermined the culture and strength of the Maoris, indigenous peoples of that country.

A Love That Kills - Video documentary based on a true story about Monica, a 19-year-old woman who was murdered by her former boyfriend. This video helps identify the warning signs of partner and spousal abuse, as well as the physical and emotional damage it causes to the individual being abused. Mainstream content.

Wrestling With Manhood: Boys, Bullying, and Battering - Examines the enormous popularity of professional wrestling among male youth, addressing its relationship to real-life violence and probing the social values that sustain it as a powerful cultural force.

Seen... But Not Heard: A Docudrama About the Serious Emotional and Physical Effects on Children Who Witness Their Mothers Being Abused - Focuses on the emotional and psychological effects on children who witness family violence.

From Violence To Our Journey Home - A dramatization on family violence and is designed to create awareness on violence against women and children. This video provides information on physical/emotional effects, statistics, traditional healing and services that are available. Gives a behind-the-scenes look at the making of this video. Aboriginal and mainstream content.

Honouring Our Voices: The East Wind Brings Us Courage, Speech and Hope - Documentary on Aboriginal family violence. Women who have suffered sexual, physical or psychological abuse share their stories. Through counselling and simple methods of healing, they can live better lives.

Walking In Balance - Accounts of several native woman and their stories of being an Aboriginal women in today's society.

Mothers of our Nations - Second in four documentaries drawn from the Elders who spoke during the six day International Elder's Summit 2004 hosted at Six Nations of the Grand River. The video examines the need for Indigenous women to reclaim, restore and revitalize their traditional knowledge which has become marginalized through centuries of colonialism. Produced by Ontario Federation of Indian Friendship Centres.

One Hit Leads To Another - A docudrama created to dispel myths surrounding the issues of wife abuse.

Videos continued...

A Safe Distance - Explores the battered women's perspective. Despite societies views on spousal abuse, many women have chosen to stop the cycle with the help of outside services. Aboriginal and mainstream content.

Stepping Out Part 1: Sheila - A silhouette interview with a Native woman who has been in an abusive relationship. She tells of her experience and her life situation. The "Stepping Out" series offers encouragement and hope to those involved in violent relationships and may provide insight and understanding to those who are not.

Stepping Out Part 2: Leanne and Willy - An interview with two people who have been on both ends of an abusive relationship. Leanne talks about her situation as an abused spouse, while Willy discusses his character as an abuser.

For Angela - Explores an experience of racial assault deeply felt by a mother and child. The painful experience was dealt with in a constructive and uniquely powerful way. Aboriginal content.

All videos can be found at the National Film Board of Canada <http://www.nfb.ca/> or Za-geh-do-win Clearinghouse <http://www.za-geh-do-win.com>.